



2024

RECREATIONAL PROGRAM

ABOUT THE PROGRAM

Bev Palmer Performing Arts is well known for their popular RECREATIONAL PROGRAM for students aged from 7- 16 years old.

We specialise in these classes known as the **RECREATIONAL PROGRAM** specifically designed for dancers who just love to dance in a fun and safe environment.

Parents love and appreciate our experienced teachers, well organised classes and professional studios. Students in this program are always learning new skills and developing their love of dance, music and movement all whilst receiving good quality training with no pressure.



Our very experienced teachers confidently guide our students to pick up choreography, follow instructions, and learn the advanced fundamentals of dance.

Our recreational students love learning in a professional dance studio where they can be inspired by the elite students and assistant teachers who become their role models to look up to.

CLASSES & AGE GROUPS

Bev Palmer Performing arts has over 15 classes in this program for you to choose from throughout the week!! Students at this age who are also interested in performing on stage more and would like to compete have the opportunity to be involved in the competition team.

JUNIOR CLASSES- Ages 7+

INTERMEDIATE CLASSES- Ages 10+

SENIOR CLASSES- Ages 14+

Please note- All classes will run on ability in this program not just age.

TUESDAY JNR /INTER CLASSES:

4:30PM- JNR Ballet/ Tap

5:30PM- JNR & INTER Hip Hop

6:30PM- JNR Jazz

6:30PM- INTER Jazz

7:30PM- INTER Musical Theatre

THURSDAY JNR CLASSES:

4:30PM- JNR Ballet/ Tap

5:30PM- JNR Jazz

6:30PM- JNR Musical Theatre

6:30PM- JNR Hip Hop

7:30PM- JNR/INTER Acro

THURSDAY INTER/SENIOR CLASSES:

4:30PM- INTER/SNR Ballet/ Tap

5:30PM- INTER/SNR Jazz

6:30PM- INTER/SNR Contemporary/Lyrical

7:30PM- INTER Acro

7:30PM- INTER/SNR Hip Hop



OPPORTUNITIES

Palmer Performing Arts is very well known for the amazing opportunities that are offered to their students. Dancers in our program have the opportunity to:

PERFORMANCE OPPORTUNITIES:

- Perform at the recreational annual SHOWCASE concert.
- Perform in our elite Musical theatre shows directed by Ashlee Noble.
- Perform in our NEW annual singing concerts with groups and soloist.

PROGRAM OPPORTUNITIES:

- Participate in our ELITE COMPETITION TEAM. This program allows students to commit to an elite standard of training and represent BPPA at competitions all over Melbourne. Students will have to undertake an audition to transfer from recreational to the elite program.
- Participate in our ASSISTANT TEACHING PROGRAM. Our junior assistant program is specifically designed for promising students who show the interest for teaching our younger generation. Students undertake a training program and are required to learn and develop skills they will use in a practical class. Each student in this program will assist a senior teacher on a weekly basis and gain more experience from each class



DANCE STYLES

RECREATIONAL CLASS DURATION: 1 hour

BALLET:

Students will begin to be introduced to the basic foundations of ballet technique and build upon the fundamentals of dance movement.

TAP:

Tap dance is a type of dance characterised by using the sounds of tap shoes striking the floor as a form of percussion.

MUSICAL THEATRE:

This class teaches students how to read and interpret a script, improvise in character, connect with an audience and perform on stage. We cover the fundamental aspects of the art of acting with a focus on physical movement and gesture. The singing class consists of vocal warm up, melody, correcting pitch, sounds, mouth shapes and projection.

JAZZ:

Jazz encourages flexibility and instils a sense of strength in participants and involves kicks, turns, pirouettes, jumps and travelling diagonal work. It aims to build stamina, strength and flexibility.

CONTEMPORARY/LYRICAL:

Contemporary/ lyrical dance is a style that is influenced by both ballet and jazz. It is an expressive dance form which includes abstract formations and focuses on centering, alignment, contraction, release and suspension.

HIP HOP:

Hip hop classes are designed for those students who want to learn the latest moves as seen on music videos. This dance style would be defined as being unrestricted & sharp, yet loose and includes a range of styles from funk, popping, locking, house, krumping, old school and more.



GIRLS UNIFORM

Bev Palmer Performing Arts have uniform requirements for all students who are enrolled with us. We provide all uniforms and shoes at our studio. Please see reception to purchase the correct uniform and footwear for your dancer.

BALLET / TAP



OTHER STYLES



BOYS UNIFORM

Bev Palmer Performing Arts have uniform requirements for all students who are enrolled with us. We provide all uniforms and shoes at our studio. Please see reception to purchase the correct uniform and footwear for your dancer.

BALLET / TAP



JAZZ/ HIP HOP



WANT TO ENROL?

To enrol into the RECREATIONAL PROGRAM you will need to contact us to lock in your spot. We cap our classes to ensure each student receives the teachers full attention so get in quick and secure a spot before the classes fill up.

To organise your enrolment or your students trial class please either:

EMAIL: info@bevpalmer.com

CALL: Karen 0411591927

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